# Pure and Simple XIV

**BOSTON, MA** 



CAN MY HEART EVER BE CLEAN?



HOW CAN MY JOY BE RESTORED?



HOW CAN I HELP OTHERS WALK IN FREEDOM?



# Pure Hearts . . . God's greatest creation

Welcome to the 14th annual *Pure and Simple* conference. Over this weekend, you will form lasting new relationships, learn practical tools and gain insights. You will hear inspirational lessons and Bible-based classes to aid you on your journey. Within this safe and confidential atmosphere, we pray you will find courage and insight that lead to transformation.

Know that Jesus and his Spirit will walk with you on this journey!

Create (Strongs)

bara
Create, Shape,
Form
(Psalm 51:10)

# Friday: God the Creator

## 4:00 pm Book Table Opens

Register then come to the book table to view a variety of healing resources..

7:30 pm Worship and Welcome - Flagg Ballroom

## 8:00 pm Create in Me - Dave & Robin Weidner

As Creator, God designed a host of plants, animals and galaxies full of redemption! How much more is he able to redeem us, even from struggles that feel beyond his promised compassion. The story of David's adultery shows us how God, Jesus and the Holy Spirit re-create us in the midst of our battles or heartaches, redeeming our shame.

## 8:45 pm Moderated discussion - Gail Scott-Key

Make your own practical application through questions and answers.

## 9:15 pm Your Re-Creation: Therapeutic art

Participants will disperse through the hotel to complete an assignment based off of the story of a bud pushing itself through a seemingly inhospitable surface.

# Saturday: Restore the Joy

7:30 to 9:00 Healthy Start Breakfast (Pastries, Muffins, Mixed Fruit Smoothies, Granola with Berries Yogurt, Fruit & Berries, Coffee & Juices)

Take time with another participant to share how the Holy Spirit is working in your heart.

9:30 am Worship - Flagg Ballroom

## 9:45 to 10:30 A Broken Spirit and a Contrite Heart - Glenn Petruzzi

Before God's wonderful work of creation can begin in our hearts, he often leads us down what, in the moment, is a painful and frightening path? As the great gardener he "tills our soil" so that new life can spring forth!

## 10:30 to 11:45 Moderated Discussion - Gail Scott-Key

Make your own practical application of what you've heard.

11:00 to noon Your Re-Creation Moment: Art Therapy (Robin Weidner)

Bring your artwork to break into small groups for guided discussions.

12:30 to 2:00 Plated Hotel luncheon (Thompson Hall/Walker)



"Look on me with a heart of mercy O God, according to your generous love.
According to your great compassion...

Thoroughly wash me, inside and out, of all my crooked deeds.
Cleanse me from my sins."

Psalm 51:1-2 (VOICE

"Create in me a clean heart, O God; restore within me a sense of being brand new."

Psalm 51:10 (VOICE)

# Saturday afternoon: Journey toward a new creation (English)

## 2:00 to 2:50 Session One - Restore the Joy

The joy of experiencing God's comfort  Aaron & Theresa Clark Salon B	Jesus tells us that in this world you will have trouble. Learn how to experience God's comfort regardless of the circumstances, and gain the ability to reject the counterfeit comforts of the world. The result is living a joy filled life!	
Taking down Goliath: The joy of character change	Changing deeply established patterns of unwanted behavior can be overwhelming and seemingly impossible. Learn what knowledge and	
Glenn Petruzzi Salon E	skills you need to see these "giants" fall!	
Renewing trust to build the best relationship you have ever had	Re-creating marriages that have been devastated by sexual sin is one of God's most amazing works! Learn tools and practices that will	
Tom & Susan McDuffee Salon G	transform your marriage through God's grace.	
The importance of self-care: Holistic health	Jesus said the loving God involves heart, mind, soul, and strength.  But what does that look like in practical terms. Learn how a godly	
George & Brenda Boyce Salon D	balance can protect you from dangerous depravation.	
3:00 to 3:50 Session Two - Renew a Steadfast Spirit		
Long term recovery: Healing a broken	ls acting out the problem or only a symptom of the problem? Learn	

3:00 to 3:50 Session Two - Renew a Steadfast Spirit		
Long term recovery: Healing a broken heart	Is acting out the problem or only a symptom of the problem? Learn how understanding your broken places and knowing how to process	
Charles Del Valle Salon B	past wounds offers hope for sustained freedom.	
The gentle path: Spirit-led recovery after betrayal	Betrayal happens when fidelity (trust, covenants and commitments) is broken, damaging our sense of self, others and God. How can the	
Dave and Robin Weidner Salon E	Spirit inspire, lead and speed up our healing process? For: Those who have been betrayed or committed betrayal, single or married.	
Draining and reframing challenging emotions  Dan Key Salon G	An important recovery skill is to be able to drain and reframe challenging emotions. Learn practical ways to replace false narratives with God's truth.	
Writing a freedom journal: How the Spirit heals  Peter Harmer Salon D	Diving deep into II Corinthians 7:5-13, you will discover practical ways to use the writing of a Freedom Journal to connect with the healing and "mind-changing" power of the Holy Spirit.	

## 4:10 to 5:00 Session Three - Then I will teach

Transformational group work for wives  Rowena Hirmer & Gail Scott-Key Salon B	Come and explore how your marriage can heal within the context of trusting God, and believing that the opportunity to heal is a gift.  Practicals to help you move forward on our journey will be presented.
Understanding trauma: How healing leads to freedom  Dave and Robin Weidner Salon E	Trauma shows up as remnants from our pasts, confusion in our present, or unease about our future. Psalm 51 (VOICE) points to a path to healing: "You long <i>to enthrone</i> truth throughout my being; in unseen places deep within me, You show me wisdom." In this class, we will learn how trauma leads us to truth and wisdom.
Facing Loneliness  Andrew Emerson Salon G	Loneliness is an emotion which most people face but is often hard to admit. Learn how loneliness can directly impact your purity and learn God's plan for thriving in the midst of it.
A multi-generational look at purity for single women Boston Women's Group Salon D	Women from a variety of backgrounds, ages and stages of recovery will share their experience of being part of a Freedom Group. This will be a transformational time with other single women who really understand.

# Saturday Night

## 5:00 pm to 7:30 Dinner on your own

Join other participants and enjoy a dinner discussion together.

## 7:30 pm to 9:00 pm Re-creation Stories - Flagg Ballroom

Hear inspiring stories and seek answers to the questions on your heart.

# Sunday: Build the wall

## Breakfast on your own

10:00 am Celebrating God's presence, worship - Flagg Ballroom10:20 am Lords Supper led by members of the Boston Freedom Ministry

## 10:40 am — Build the Wall - Peter and Rowena Hirmer

Hear victory stories of what God is doing through the Boston Freedom Ministry, and consider how your journey can bring glory to God and impact many who have who have not yet found the path to freedom!

## 11:20 am — Wrap-Up & Final Announcements

#### 12:00 Conference Closes