

Pure and Simple XI

WHITE PLAINS, NY
NOVEMBER 1-3, 2019



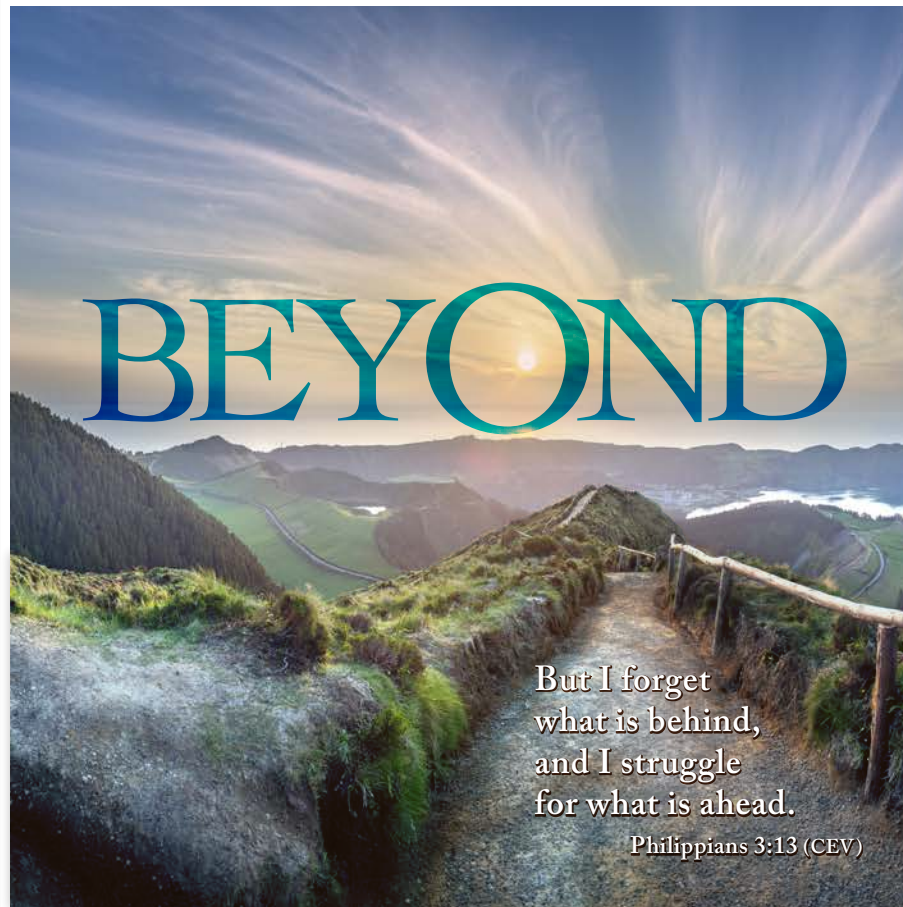
STRUGGLE TOWARDS
WHAT IS AHEAD



MOVE PAST WHAT
HOLDS YOU BACK



STRETCH UPWARD
TO THE DIVINE



Beyond...together!

Welcome to the 11th annual Pure and Simple conference. Over this weekend, you will form lasting new relationships, learn practical tools and gain insights. This year features inspirational lessons, more time to reflect on what you learn, and plenty of time to connect with others. Relationships are key to recovery.

This weekend listen for God's call...*strain with me towards what is beyond and experience my power to overcome.* God reigns over today and tomorrow!

Straining (Strongs)

Epekteino
Stretching
intensely towards
(Philippians 3:13)

Friday: Stretch beyond

4:00 pm Registration Opens

5:30 pm Book Table Opens

Come to the book table for a variety of healing resources from our speakers.

8:00 pm Worship and Welcome - Plaza Ballroom

8:35 pm Struggling Beyond - Dave & Robin Weidner

The journey to sexual purity doesn't have to leave you stuck in the past, labeled by your falls or forever tossed to and fro by triggers. But looking beyond isn't simple or always straightforward. It requires an all-out struggle to fasten your heart to what is ahead.

9:25 pm How to process this weekend (Tom Nuelle)

9:30 pm Breaking through (Art Therapy)

Participants will disperse through the hotel to complete an assignment. Be sure to bring drawing paper and colored pencils (provided in folders at registration).

Saturday: Live beyond

6:30 to 9:00 Breakfast on your own

Look in your folder for a morning quiet time to help you process Philippians 3:13-14 in a deeper way. Take time with your spouse or another participant to take what you've learned deeper and identify how the Holy Spirit is working in your heart.

9:00 am Worship and Singing - Plaza Ballroom

9:10 to 10:00 Beyond Shame - Guy Hammond

Do you ever feel unacceptable? That God may not like you, let alone love you? One of Satan's greatest weapons is accusation and shame. Enter a God who has always fought to be close to sinners, including those who sin sexually. God is closer than you think.

10:10 to 10:20 Processing "Beyond shame"

It's time to process the message you've just heard. Team up with a couple of people to talk about what new resolves you want to implement.

10:20 Stretching beyond: Art Therapy (Robin Weidner)

Bring your artwork to break into small groups for guided discussions.

11:30 to 1:00 pm Hotel luncheon (Plaza Ballroom)



"I don't depend on my own strength to accomplish this; however I do have one compelling focus: I forget all of the past as I fasten my heart to the future instead. I run straight for the divine invitation..."

Philippians 3:13-14
(TPT)

"Circle Zion; count her towers. Consider her walls, climb her palaces, and then go and tell the coming generation of the care and compassion of our God. Yes, this is our God, our great God forever. He will lead us onward until the end, through all time, beyond death, and into eternity."

Psalms 48:13-14 (TPT)

Saturday: Live beyond

2:00 to 2:45 Session One: Moving beyond our struggles

<p>Recovering as One: changing the marriage dynamic</p> <p>Dave and Robin Weidner, Roger & Liane Dequina Plaza Ballroom A</p>	<p>Addiction and codependency impact the marriage dynamic, introducing shame, fear, hiding and trying to control the other person. How can you reshape your dynamic in a way that promises healing and hope?</p>
<p>Beyond Denial: purity for men</p> <p>Tom Nuelle Plaza Ballroom B</p>	<p>Breaking through denial is just the beginning of a journey to a pure heart. Learn the basics of walking on the path of purity including best practices, setting boundaries and understanding motivation.</p>
<p>Beyond the Surface: understanding what drives your unwanted behaviors</p> <p>Christian Smith Plaza Ballroom C</p>	<p>Every addictive or codependent behavior has roots that extend into your past. Understanding emotional drivers can help you identify the why behind your behaviors, reduce shame, and point to needed healing.</p>
<p>Beyond Codependency</p> <p>Carol Nuelle Plaza Ballroom D</p>	<p>Codependency affects us emotionally and behaviorally, making us susceptible to addictions like love, sex, relationship or approval. What creates unhealthy relational patterns and how do we overcome?</p>

3:00 to 3:45 Session Two: Restoring hope

<p>Beyond Sobriety: recovery over the years</p> <p>Dave Weidner, Neil Rondorf, Cheryl Rondorf Plaza Ballroom A</p>	<p>As time goes on, your recovery focus evolves from focusing on what is behind to focusing on what stretches ahead. By drawing on the brain's neuroplasticity, learn how to seek new treasures, create new opportunities and use your story to make a difference.</p>
<p>Beyond Denial: a single woman's journey to purity of heart</p> <p>Annamarie Spolar, Marilyn Toussaint Plaza Ballroom B</p>	<p>Ongoing sexual sin strikes a blow to our spiritual confidence. We fear making promises we believe we cannot keep. Learn the basics of walking on the path of purity including establishing sobriety, setting boundaries and exploring roots.</p>
<p>New Best Practices of Leading Recovery</p> <p>Tom Nuelle Plaza Ballroom C</p>	<p>How do you help a group go from struggling to achieving a sense of victory? What leads to men and women developing long-term sobriety? Learn tools and best practices of group leadership.</p>
<p>When Your Partner Struggles: from despair to dignity</p> <p>Robin Weidner, Susan McDuffee Plaza Ballroom D</p>	<p>Finding out your partner (or loved one) has a hidden struggle causes trauma to the soul. It also requires discernment and balance even though your sense of danger is heightened. Learn how to navigate these perilous waters with dignity and grace.</p>

4:00 to 4:45 Session Three: Recovery best practices and groups

Beyond the Boundaries: bringing your struggles out of isolation

Guy Hammond
Plaza Ballroom A

Those with same sex attraction have many of the same needs as those struggling with compulsive heterosexual acting out. Yet shame and a perceived lack of understanding could keep us on a lesser level of connection. How can we grow together to God's glory?

Men's Purity Groups
Peter Hirmer, Tom McDuffey,
Al Vega-Luna

Plaza Ballroom B

Learn how a group functions, common pitfalls, and how to function effectively through participating in a simulated group experience.

How to Start and Run Women's Purity Groups

Carol Nuelle, Theresa Clark
Plaza Ballroom C

Purity isn't just a men's struggle. But just like men, women recover better in groups. Learn about to create healthy group and leadership dynamics through a simulated group experience.

Partners in Purity Groups (for spouses of addicts)

Karen Vega-Luna, Robin Weidner
Plaza Ballroom D

Whatever the status of your marriage, you need recovery in the wake of your loved one's sexual sin. Experience a Partner in Purity group and learn how to establish an atmosphere that promotes growth and healing.

5:00 to 7:30 Dinner and fellowship

Please use dinnertime to share a meal with other attendees, make connections, ask questions and share your experiences. This is also a great time to get some targeted help from other attendees or speakers.

7:30 pm Stories of Freedom - Ballroom

For many, the high point of the conference is hearing other individuals and couples share their stories of recovery. You won't want to miss this inspiring time of celebrating God's work in each other's lives.

8:15 pm Write your "Beyond" statement

You'll find a notecard in your folder. Please write a two-sentence statement with your vision of "Beyond" that will go home with you or to possibly share on Sunday morning. More instructions will be given at the end of the session

8:30 to 9:30 pm Men's and Women's Question and Answer Sessions

The conference has brought up questions for you that haven't yet been answered. We will split into multiple rooms, and have a panel of experts ready. Please write down your questions if you prefer to be anonymous.

Sunday: Look beyond

6:00 to 9:00 am Breakfast on your own and processing time.

6:30 to 9:30 am Capstone experience — Celebrating “Beyond”

All weekend long, we will be writing down intensions, prayer requests, takeaways, concerns and our deepest hopes on sticky notes to make a giant Beyond post-it wall. On Sunday morning, come to the wall to see what others have written and to find a partner for a prayer walk. End your prayer walk at the wall, where conference leaders will be waiting to greet you.

10:00 am Celebrating God’s presence, worship - Plaza Ballroom

10:30 am — Above and Beyond - Tom and Carol Nuelle

God calls us to stretch towards the goal with everything within us.. But we can only do this to the degree that we are under the control of Jesus. How does your relationship with God set a ceiling on your recovery? What can help you revolutionize your walk?

11:30 am “Beyond” statements and Lord’s Supper

12:00 pm Conference close

Book tables will be open with resources from our speakers. Please take advantage of this opportunity to take home life-changing resources.



“I’m not saying that I have this all together, that I have it made. But I am well on my way, reaching out for Christ, who has so wondrously reached out for me...By no means do I count myself an expert in all of this, but I’ve got my eye on the goal, where God is beckoning us onward—to Jesus. I’m off and running, and I’m not turning back...

But there’s far more to life for us. We’re citizens of high heaven! We’re waiting the arrival of the Savior, the Master, Jesus Christ, who will transform our earthy bodies into glorious bodies like his own. He’ll make us beautiful and whole with the same powerful skill by which he is putting everything as it should be, under and around him.”

Philippians 3:13-14,
20-21 (The Message)